

CURRICULAM VITAE

Dr. MANJUNATHA, P.

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EDUCATIONAL QUALIFICATIONS

Degree	Subjects	University	Year of Passing	Class
B.A.	His, Cri, Psy.	University of Mysore	2001	First Class
M.Sc.	Psychology	University of Mysore	2003	Distinction with Gold medal
Ph.D.	Psychology	University of Mysore	2008	Awarded
KSET	Psychology	University of Mysore	2013	Pass

PROFESSIONAL EXPERIENCE

Total Teaching experience - 10 years

Research Experience – 04 years

Date of Joining KSOU – 04th January 2010

TITLE OF THE THESIS

“Madhyavyasanigala vyakthithvavannu punarrachisuvalli jeevana kaushalyagala aapthasalaheya paathra.”

ACADEMIC AWARDS AND HONORS

- ❖ Gold Medal in M.Sc. Clinical Psychology, University of Mysore, Mysore.
- ❖ Research Fellowship, University of Mysore
- ❖ Awarded Best Paper at “46th National and 15th International Conference of the Indian Academy of Applied Psychology (IAAP) on “Life Skill for Quality of Life” 4th – 6th Feb 2011 at DOS in Psychology, University of Mysore, Mysore

COURSES TAUGHT

- ❖ Clinical psychology
- ❖ Counselling psychology
- ❖ Social psychology
- ❖ General psychology
- ❖ Psychological testing and assessment
- ❖ Research methodology

AREA OF SPECIALIZATION

- ❖ Applied psychology
- ❖ Clinical psychology
- ❖ Counselling psychology
- ❖ Social psychology

PUBLICATIONS

1. Dr.Manjunatha. P, & Dr. Surma S (2018) “**Role of Intervention programmes in reducing Alcoholics problems**” *Global Innovative Research Dimensions*, Proceedings of 7th International Multidisciplinary Conference, Volume-8, (edited book), Published by BOOKRIX Gmbh & Co.KG, Sankt-Martin-Strabe, Munich, Germany, **ISBN- 9781-387-97676-8**
2. Dr.Manjunatha. P, Sampathkumar, Ravikumar M.B & Surma S (2015) “**Psychosocial Adjustment among Orphan Children Living with HIV/AIDS,**” *The International Journal of Indian Psychology*, Volume-3, Issue-1, **ISSN 2348-5396(e), ISSN- 2349-3429 (p)**

3. Dr.Manjunatha P and Dr.Sampathkumar, Surma.S,(2015) **Psychological Testing for Successful Implementation of Inclusive Education**, *International Conference on Inclusive Education –Perspectives and challenges (edited Book)*Published by Vidyanidhi Prakshana Gadag –**ISBN978-81-910849-11-6**
4. Surma.S, Dr.Sampathkumar,and Dr.Manjunatha P (2015) **“Psychological Counselling in Inclusive Education”** *International Conference on Inclusive Education –Perspectives and challenges (edited Book)* Published by Vidyanidhi Prakshana Gadag –**ISBN978-81-910849-11-6**
5. Dr.Manjunatha, P. and Sampathkumar (2014). **Intervention for Hypochondriasis in Alcoholics**. *Social Science Reporter,A Peer Reviewed Inter Disciplinary International Research journal*, Volume 4, Issue I, **ISSN 2231-0789**.
6. Dr.Manjunatha, P. and Sampathkumar (2014). **Guilt and Resentment among Alcoholics: an intervention Study**. *Thematics of Journal Social Science, A Peer Reviewed Inter Disciplinary International Research journal* Volume 3, Issue I, **ISSN 2277-3010**.
7. Dr.Manjunatha P, Sampathkumar and Surma, S. (2014) **“Mental Health and Meditation”**, published in *10th Karnataka Science Congress, Vignana Kannada*, Page-166-170 **ISSN 2249-5754**
8. Surma.S, Sampathkumar and Dr.Manjunatha P (2014) **“The control of mind through Pathanjali yoga”** published in *10th Karnataka Science Congress, Vignana Kannada*, Page-166-170 **ISSN 2249-5754**
9. Dr.Manjunatha P (2012) **“Old Age”** *Education Encyclopaedia* volume-1, Page No. 645 – 649 Published by Karnataka State Open University, Manasagangotri, Mysore-06.
10. Dr.Manjunatha P (2012) **“Adulthood”** *Education Encyclopaedia* volume-2, Published by Karnataka State Open University, Manasagangotri, Mysore-06
11. Manjunatha P and Venkteshkumar G (2009) **‘Impact of Life Skills Counselling on Suicidal Depression among Alcoholics’**. *Asian Journal of Development Matters. An International Contemporary and Multi Disciplinary Journal*. Volume 3, No 1 **ISSN 0973-9629**.

12. Manjunatha P and Venkateshkumar G (2008) “**The Role of Life Skills Counselling in Reducing Anxiety- Depression among Alcoholics**”. *Asian Journal of Development Matters. An International Contemporary and Multi Disciplinary Journal. Volume 2, No 2 ISSN 0973-9629.*

13. Dr. P. Manjunatha and Dr.S.Surma (2019) “**The Role of School Counsellor in preventing Technology Addiction of Students –A Review.**” Proceedings of National Seminar on Psychology for Generation-Z Published by Navaspoorthi Publications ISBN:978-81-939820-1-3.

BOOK PUBLISHED

1. “**Manovignana Swarupa**” written by **Dr.Manjunatha P** (2012) *Published by Kannada Bhasha Abivrudhi Yojana, Karnataka State Open University, Mysore.*

PAPER PRESENTED IN NATIONAL AND INTERNATIONAL CONFERENCE/SEMINAR

1. Presented paper in the three days *46th National and 15th International Conference of the Indian Academy of Applied Psychology (IAAP)* on “**Life skills for Quality of Life**” conducted on 4th-6th February 2011 in the conference organized by the Department of Studies in Psychology, University of Mysore, Mysore.
2. Has presented two papers in “**10th Kannada Vijnana Sammelana**” Karnataka Science Congress held on September 15-17th 2014 organised by Karnataka Vignana Andolana ,Bangalore and University of Mysore. Papers titled
 1. **Mental Health and Meditation.**
 2. **The control of mind through Pathanjali Yoga.**
3. Presented two papers in One Day National Seminar on “**Current Trends in Psychology and Counseling: Issues and Challenges**” Held on 31st March 2016, Organized by Centre for Psychological Counseling, Dept of Psychology BUB and Karnataka Association of Applied Psychologists, Bangalore, papers titled :
 1. “**Effects of Life Skills Counselling in reducing tension among Alcoholics**”

2. **“Effects of Life Skills Counselling in increasing Assertiveness among High School Students”.**
4. Presented two papers in one day National Seminar on **“Psychology for Gen-Z”** Held on Dec 1st, 2018, Organized by Dept of Psychology BUB and Karnataka Association of Applied Psychologists, Bangalore, papers titled
 1. **“The role of school counsellor in preventing Technology Addiction- A Review”**
 2. **“The importance of Life Skills Counselling for students to prevent Technology Addiction- A Review”.**
5. 7th International Multidisciplinary Conference on **“Global Innovative Research Dimensions”**
6. Presented a Paper in One day State Level Seminar on **“Inter religious and Inter Cultural Dialogue on Human Rights and Peace”** held on 12 Aug 2017 Paper titled **“Humanistic approach in Psychology and Human Rights”.**

CONFERENCE / WORKSHOP ATTENDED

1. Participated in One day workshop on **“Personality Development”** at the *International Leadership Institute of M/s. Infosys, Mysore*, on 15th February 2006, organized by the UGC-Academic Staff College, University of Mysore, Manasagangotri, Mysore.
2. Participated in Three days Training on **“ Audio-Visual Learning Aid Development”** held from 12th to 14th June 2010, at Electronic Multi Media Research Centre(EMMRC) , Mysore organized by Karnataka State Open University, Mysore
3. Participated in Two day workshop on **“Development of Self Learning Material”** held on 2nd and 3rd June 2011, Organized by Karnataka State Open University, Mysore.
4. Participated in Three Days International Conference on **“Open Distance Learning in Global environment: issues and challenges”** from September 21-23, 2011, Organized by Karnataka State Open University, Mysore.
5. Participated in Two day workshop on **“Development of SLM (UG Psychology)”** held on 29th and 30th October 2010. Organised by DOS in Psychology KSOU
6. Participated in Two day workshop on **“SLM development for M.Sc Psychology”** held on 24th and 25th June 2011. Organised by DOS in Psychology KSOU.

7. Participated in One day State Level Conference on “**Working Women’s Stress, Health and Education**” held on 4th September 2012 organised by DOS in Education KSOU.
8. Participated in “**10th Kannada Vignana Sammelana**” , Karnataka Science Congress ,held on September 15-17th 2014 organised by Karnataka Vignana Andolana Bangalore and University of Mysore
9. Participated in 7th International Conference on “**Inclusive education perspective and challenges**” held on 6th and 7th march 2015 organized by dept of education KSOU,mysore and CBR Network Bangalore
10. Participated in two days workshop on “**Self learning material development**” held on 7th - 8th October 2013.Organized by KSOU. Mysore
11. Participated in one day workshop on “**Technology in Higher education**” held on 7th Feb 2015 , Organized by University of Mysore and Karnataka Knowledge Commission ,Govt of Karnataka Bangalore .
12. Participated in 46th National and 15th International Conference of the Indian Academy of Applied Psychology (IAAP)on “**Life skills for Quality of life**” held on 4th -6th Feb-2011 Organized by DOS in Psychology , University of Mysore,Karnataka,India
13. Participated in one day workshop on “**Accelerating Gross Enrolment Ratio In Education –Issues and Challenges**” Held on May 14th-2015, Organized by KSOU and Department of higher Education, Govt of Karnataka Bangalore .
14. Participated in 7th International Multidisciplinary Conference on ‘**Global Innovative Research Dimensions**’ Held on June 22-23, 2018 at SABS Auditorium, KS Town, Bangalore, Karnataka, India, Organized by International Council for Development Research, Sheshadripuram Academy of Business Studies, KS Town Bangalore, Oriental Research Institute, University of Mysore, State Planning Board, Govt of Karnataka and Naresuan University, Thailand.
15. Participated in the “**103rd Indian Science Congress**” Held at University of Mysore, Mysuru from Jan 03-07, 2016 Organized by INSC Association.

16. Participated in Two day “**International Conference on Advances in Collaborative Research for Economics, Management, Humanities, Social Séances and Computer Technology**” held on 25th and 26th June, 2016 at University of Mysore, Karnataka, India, Jointly Organized by University of Mysore, Karnataka State Planning Board, Development Research Foundation, Mysuru, ISBR Bangalore and CREST, Bangalore.
17. Participated in One Day National Seminar on “**Current Trends in Psychology and Counseling: Issues and Challenges**” Held on 31st March 2016, Organized by Centre for Psychological Counseling, Dept of Psychology BUB and Karnataka Association of Applied Psychologists, Bangalore.
18. Participated one day National Seminar on “**Psychology for Gen-Z**” held on Dec 1st, 2018, Organized by Dept of Psychology BUB and Karnataka Association of Applied Psychologists, Bangalore.
19. Participated in Two Day National Conference on “**Multilevel Interventions for Health care : Framing New Inclusive Health Policies**” held on Sep, 8th & 9th, 2011 at University of Mysore, Organized by CSSEIP University of Mysore and Indian Council, New Delhi
20. Participated in the Two day Workshop for “**Academic Administrators**” held on 3rd and 4th Feb, 2017, Organized by UGC- HRDC University of Mysore, Manasagangotri, Mysore.
21. Participated in one day State level Seminar on “**Inter religious and inter cultural Dialogue on Human Rights and Peace**” held on 12th Aug 2017 at Basudev Somani College, Kuvempunagar, Mysore. Organized by KAICIID Vienna Austria, CSSEIP University of Mysore, Centre of Inclusive growth and Development Research Trust and Basudev Somani College, Kuvempunagar, Mysore.
22. Participated in one day workshop on “**Choice Based Credit System**” (CBCS) held on 19th July, 2019 at Karnataka State Open University, Mysore.

SESSIONS CHAIRED IN CONFERENCES

1. Chaired Session on **Developmental Related issues in Counselling** in the One Day National Seminar on “**Current Trends in Psychology and Counselling: Issues and Challenges**” Held on 31st March 2016, Organized by Centre for Psychological Counseling, Department of Psychology BUB and Karnataka Association of Applied Psychologists, Bangalore.
2. Chaired a Session in one day National Seminar on “**Psychology for Gen-Z**” Held on Dec 1st, 2018, Organized by Department of Psychology BUB and Karnataka Association of Applied Psychologists, Bangalore.

ORIENTATION/REFRESHER PROGRAMME

- ❖ Participated in the “**102nd UGC Sponsored Orientation Programme**”, organized by Academic Staff College, University of Mysore, Mysuru. From 28-12-2013 to 24-01-2014, and **obtained ‘A’ grade.**
- ❖ Participated in the **Refresher Course** in the Subject “**Soft Skills and Personality Development (Psychology)**” From 17-02-2017 to 09-03-2017 and **obtained ‘A’ grade.**
Organized by UGC-HRDC University of Mysore

ORGANIZING COMMITTEE MEMBER

Organizing committee member of the one day National Conference on “**Human Rights- A Natural and Positive Edict**” held on 3rd February 2015 at KSOU, Mysore

CONFERENCE/SPECIAL LECTURES ORGANISED

1. Organised one day special Lecturer on “**Indian Psychology**” for Psychology Students held on 11-01-2011 KSOU, Mysore from Emeritus Prof. Anand Paranjape, Simon Fraser University, Canada.

2. Organised one day special lecture on **“Psychological disorders and Counselling”** from Dr. Ashokpai, Manasa Mental Health foundation Shivamoga held on Feb 2011 for II MA Psychology students KSOU.
3. Organizing Committe Member of the one day National Conference on **‘Human Rights-A Natural and positive Edict’** held on 3rd Feb 2015, at KSOU,Mysuru.
4. Organised a one day special Lecture on **“Psychological Disorders and Management”** by the Professor Dr. C.R. Chandrashekar from NIMHANS, Bangalore on 13-03-2012 for M.A. Psychology Students.
5. Organised a one day special Lecture on **“Exam Preparation, study skills and confidence building for SSLC / PUC Students”**. In collaboration with Gnanavani, KSOU on 19-2-2012 KSOU, Mysore.

SPECIAL LECTURES / PUBLIC ADDRESS

1. Main Speaker for **Sri Maharshi Valmiki Jayanthi** Celebration Programme on 27-10-2015 at Nanjangud. Organized by National Festivals celebration Committee office of the Tahasildar, Nanjangud Taluk.
2. Main Speaker for **Sri Maharshi Valmiki Jayanthi** Celebration Programme on 24-10-2018 at Kalamandir, Mysuru, District Administration, Zilla Panchayat Schedule Tribes Welfare Department, Mysuru
3. Special Lecture given on **“World Environmental Day”** at Mahathma Gandhi B.Ed College Mysuru held on June 5th, 2017

PSYCHOLOGICAL ARTICLES PUBLISHED IN STATE LEVEL NEWS PAPERS (Kannada Daily News Papers)

- ❖ **“Pareekshe- Nereekshe”**, Samyuktha Karnataka, Gnana –vignana Edn. Date: 24-2-2011
- ❖ **“Suicide: Psychological Solutions”**: Samyuktha Karnataka, Gnana – Vignana Edn. Date 22-12-2011
- ❖ **“Bavishya – Baduku”**, Samyuktha Karnataka Gnana- Vignana Edn. Date 16-8-2012
- ❖ **“Dheharogyake Koduva Pramukthe Manasrgekeilla”**. Kannadaprabha date: 10-10-2011
- ❖ **“Amara Kavi Maharshi Valmiki” Vijaya Karnataka Date:24-10-2018 (State Edn)**

ACADEMIC MEMBERSHIP

1. Chairman, Board of Studies (UG) in Psychology, KSOU.
2. Member, Board of Studies (PG) in Psychology, KSOU.
3. Member, Board of Examination (UG) in Psychology, KSOU.
4. Member, Board of Studies (PG) in Psychology, UOM.

MEMBERSHIP IN SCIENTIFIC ORGANIZATIONS

1. Life Member in The Indian Science Congress Association
2. Life Member Indian Academy of Applied Psychology
3. Life Member in Karnataka Association of Applied Psychologists

RESPONSIBILITIES CARRIED OUT TILL DATE

- ❖ Worked as Chairman Department of Psychology, KSOU, Mysuru.
- ❖ Worked as Deputy Registrar, Dean (Study Centres), KSOU, Mysuru
- ❖ Worked as BOE Chairman in PG & UG, Dept of Psychology, KSOU, Mysuru
- ❖ Worked as Coordinator for PG&UG Psychology study materials Development
- ❖ Worked as Chief Superintendent for UG Examinations of Karnataka State Open University

- ❖ Worked as Coordinator for Evaluation of PG&UG Examinations of Karnataka State Open University
- ❖ Worked as Deputy chief Superintendent for UG Examinations of Karnataka State Open University
- ❖ Delivered many special lectures in universities, colleges and schools on psychological issues.
- ❖ Delivered many Public Speeches in various Government and non-Government Organizations.
- ❖ Worked as Resource Person for Competitive Training Centre, KSOU, Mysuru

TALKS AND LECTURES GIVEN IN GYNANAVANI, KSOU, MYSURU

1. Manovignanada Prasthuthathe
2. Pareeksha Pooraka Poorvasiddathe
3. Manasika Ottadagalu mattu Parihara
4. Vidyarthigalalli Athmavishwasa Hecchisuvike
5. Vidyarthigalalli Abhiprerane-Pareeksha Siddathe

STUDY MATERIALS WRITTEN UG & PG LEVEL PSYCHOLOGY FOR KSOU

1. First Year B.A Psychology-**Basic Psychological Processes**
Block -3, Units 13 and 14 (EM & KM) (SLM)
2. Second Year B.A Psychology-**Human Development**
Block -4, Units 21 and 22 (EM & Km) (SLM)
3. Final Year B.A Psychology – **Social Psychology**
Block-2, Units 7 and 8 (EM & Km) (SLM)
4. Final Year BA – **Psychopathology**
Block 1, Unit 1 and 2 (EM & KM) (SLM)
5. Final MA Psychology – **Organizational Psychology**
Block 5, Unit 20, 21, 22, 23, 24 (KM) (SIM)
6. Final MA Psychology – **Psychological Testing and Assessment**
Block 7, Units 28 and 29 (KM) (SIM)

7. Final MA Psychology – **Psychopathology**
Block 7, Units 33, 34, 35, 36 (KM) (SIM)
8. Final MA Psychology – **Psychopathology**
Block 6, Units 29, 30, 31, 32 (KM) (SIM)
9. First M.Sc. Psychology - **Cognitive Processes**
Block 3, Units 9, 10, 11, 12 (KM) (SLM)
10. Second Sem. M.Sc Psychology- **Personality and Adjustment**
Block 2, Units 5, 6, 7, 8 (KM) (SLM)
11. Third Semester M.Sc Psychology – **Psychotherapy**
Block 3 Unit 9,10,11,12 (EM & KM) (SLM)

(Dr. Manjunatha, P.)

CURRICULUM VITAE