

Name: Dr. MAHADEVASWAMY, P.

Education: M.A. (Psy), NET (Psy), K- SET (Psy), Ph.D., M.Ed, NET (Edu), M. Phil (Edu),
M,Sc (Bot), M.A (Eng), PGDHE.

Designation: Assistant Professor & Chairman,
Dept. of Psychology, KSOU, Mysore.

E-mail: drmahadevaswamyp@gmail.com,
mahadevaswamyp.ksou@ka.gov.in, pms.udkgl@rediffmail.com

Mobile No: + 91 9880239670

Field of Research: Media Addiction, Shyness, Educational Psychology and
Psychopathology.

Teaching experience: 7 years

Professional Experience: 05 years

Professional & Research Recognitions: See detailed CV

Academic/ Membership in Professional bodies:

The Indian Science Congress Association – Life member.
Board of Studies (UG&PG) – Chairman/Member
Board of Examiners (UG&PG) - Chairman/Member

Areas of Interest: Media Addiction, Shyness, Educational Psychology and
Psychopathology.

Research Interest: Media addiction, Shyness, Educational Psychology,
Psychological Problems related to rural areas.



Dr. MAHADEVASWAMY, P.

Assistant Professor

Department of Psychology

Karnataka State Open University,

Mukthagangothri

Mysore – 570006, India

Mobile: +91-9880239670

Email: drmahadevaswamyp@gmail.com,

mahadevaswamyp.ksou@ka.gov.in, pms.udkgl@rediffmail.com



EDUCATIONAL QUALIFICATION: M.A. (Psy), NET (Psy), K- SET (Psy), Ph.D., M.Ed, NET(Edu), M. Phil (Edu), M,Sc (Bot), M.A(Eng), PGDHE.

WORK EXPERIENCE: 07 Years

11th December, 2012 to till date (Assistant Professor)

ADMINISTRATIVE EXPERIENCE

Chairman of Department of Studies and Research in Psychology, KSOU, Mysore

(From March 2019)

HONORS and AWARDS

1. Qualified for National Eligibility Test (Psychology) for Lectureship from University Grants Commission (UGC) (2010).
2. Qualified for K-SET (Psychology) for Lectureship from University of Mysore (2011).
3. Qualified for National Eligibility Test (Education) for Lectureship from University Grants Commission (UGC) (2004).
4. First Rank in M.A Psychology from KSOU Mysore.
5. Gold Medal in M.A Psychology from KSOU Mysore.

MEMBER OF BOARDS/SCIENTIFIC SOCIETY

Life Member of Indian Science Congress Association, New Delhi, India

Member of Board of Studies (PG) for Psychology, KSOU, Mysore (2014-2016)

Member of Board of Examiners (PG) for Psychology, KSOU, Mysore (2013-14, 2014-15, 2015-16)

Member of Board of Examiners (UG) for Psychology, KSOU, Mysore (2013-14, 2014-15, 2015-16)

Chairman of Board of Studies (PG) for Psychology, KSOU, Mysore (From 2019)

Chairman of Board of Examiners (PG) for Psychology,, KSOU, Mysore (2019-20)

ORIENTATION / REFRESHER COURSE / RESEARCH METHODOLOGY
COURSE ATTENDED

Sl. No.	Name of the Course	Place	Duration
1.	Orientation Programme	UGC-Academic Staff College, University of Mysore, Mysore	31/8/2013 to 21/9/2013 (28 Days).
2.	Refresher Course	HRDC, University of Mysore, Mysore	01/09/2016 to 21/09/2016 (21 Days).

PUBLICATIONS:

1. **Mahadevaswamy, P. & D'souza, L.** (2019). Assessment of Sleep Quality between Students Pursuing Pharmacy and Non-Professional Courses: A Comparative Study. *Shanlax International Journal of Arts, Science, and humanities*. 6(2), 203-210.
2. **Mahadevaswamy, P.** (2019). Psychological Causes and Remedies for Farmers Suicide. *Farmer's Suicides In India*, 153-160.
3. **Mahadevaswamy, P. & D'souza, L.** (2018). Internet addiction and shyness among adolescents. *International Journal of Indian Psychology*, 6(3), 100-107. DIP: 18.01.009/20180603, DOI:10.25215/0603.009.
4. **Mahadevaswamy, P.** (2018) Impact of Food insecurity on Children's Mental Health. *Food Security and Social Inclusion Issues and Challenges*, 43-48.
5. **Mahadevaswamy, P. & D'souza, L.** (2017). Effect of Internet Addiction on Psychological Well Being among Adolescents. *The International Journal of Psychology and Psychiatry*, 5(2)-76-86.
6. **Mahadevaswamy, P.** (2017). Role of School Counselors in Prevention of School Dropouts. *Thoughts and Practices in Education*, Vishmaya Prakasana, Mysore. PP 131-138.
7. **Mahadevaswamy, P. & D'souza, L.** (2017). Relationship Between Internet Addiction and Well-Being among Rural Adolescents. *International Journal of Multidisciplinary Educational Research*, 6,7(11)-196-201.
8. **Mahadevaswamy, P. & D'souza, L.** (2017). Effect of Internet Addiction on Subjective Well Being Among Adolescents. *Asian Journal of Development Matters*, 11(1)-73-81.
9. **Mahadevaswamy, P. & D'souza, L.** (2016). Prevalence of Internet Addiction among Adolescents in and around Mysore City: Influence of Select Demographic Variables. *The International Journal of Psychology and Psychiatry*, 4(2)1-9.
10. **Mahadevaswamy, P.** (2016). Social Inclusion and Mental Health Services. *Social Development In India Emerging Debates* Deeksha publications, Mysore. PP 31-37.
11. **Mahadevaswamy, P.** (2015). Mental Health Problems And Management Among Old Age Women. *Gandhiji Bahumukhi Notagalu*, Jyothi Prakashana Mysore. PP152-163.

12. **Mahadevaswamy, P.** (2015). Behavioral and Mental Health Problems among Child Labors. *Contemporary Issues in Empowerment of Weaker Sections*, Mysore Book House, Mysore, PP 459-466.
13. **Mahadevaswamy, P.** (2015). Psychosocial Skills to be Developed Among Teachers of Corporate World. *Teacher Education and the Corporate World-Issues and Challenges*, Vani Press, Chmrajapuram, Mysore. PP 46-50.
14. **Mahadevaswamy, P.** (2015). Psychological Perspectives of Inclusive Education . *Inclusive Education-Perspectives & Challenges*. Vidyanidhi Prakshana, Gadag, PP 611-613.

LESSONS WRITTEN

Sl. No.	DETAILS OF LESSONS WRITTEN
1	B.A (Second year) Human Development= 2 Units (Eng) written
2	B.A (Second year) Human Development= 2 Units (Kan) written
3	B.A (Final year) Social psychology = 2 Units (Eng) written
4	B.A (Final year) Social psychology = 2 Units (Kan) written
5	B.A (Final year) Abnormal Psychology = 2 Units (Eng) written
6	B.A (Final year) Abnormal Psychology = 2 Units (Kan) written
7	M.Sc (First Sem) Biological Basis of Behaviours= 4Units (Eng) written
8	M.Sc (First Sem) Biological Basis of Behaviours= 4Units (Kan) written
9	M.Sc (Second Sem) Contemporary trends in psychology= 4Units (Kan) written

PAPER PRESENTATIONS

Sl. No.	Title of the lecture/ paper presented	Title of Seminar / Conference, etc.	Date with year	Organized by	International (abroad or within country) / National/ State / University
1	Assessment of Sleep Quality between Students Pursuing Pharmacy and Non-Professional Courses: A Comparative Study.	World Summit On Resource Management And Sustainable Development	22-24 TH FEB 2019	JCU Singapore and University of Mysore, Mysore.	National
2	Psychological Causes and Remedies for Farmers Suicide	Agarian Crisis and Farmer's Suicide in India: Causes, Consequences and Remedies.	12th February 2019	ICSSR, Centre for Study of Social Exclusion and Inclusive Policy, University of Mysore.	National
3	Impact of Food insecurity on Children's Mental Health.	National Conference On Food Security And Inclusion In India	14-3- 2018 to 15-3-2018	ICSSR And Centre For Study of Exclusion and Inclusion, University Of Mysore.	National
4	Relationship Between Shyness And Psychological Wellbeing Among Adolescents.	7th InSPA International Conference on School Psychology: School Counseling and Skill Development	9-11- 2017 to 11- 11- 2017.	InSPA and University of Mysore.	International
5	Relationship Between Internet Addiction and Well-Being among Rural Adolescents	National Seminar on Sustainable Rural Development through	28-7-2017	ICSSR And KSOU Mysore.	National

		Governmental Programmes Vision and Actions.			
6	Prevalence of Internet Addiction Among Adolescents in and Around Mysore City: Influence of Select Demographic Variables	XL Indian Social Science Congress	19-12-2016 to 23-12-2016	Indian Academy of Social Sciences and University of Mysore	National
7	Social inclusion and Mental Health	National Conference on Social Security and Social Inclusion; Opportunities and Challenges	25-2-2016 to 26-2-2016	ICSSR And Centre For Study Of Exclusion and Inclusion University Of Mysore	National
8	Psychosocial Skills to be Developed Among Teachers of Corporate World	National Conference on Teacher Education and the Corporate World- Issues and Challenges	11-9-2015 to 12-9-2015	UGC and Sarada Vilas Teachers College Mysore	National
9	Behavioral and Mental Health Problems Among Child Labors	Contemporary Issues In Empowerment of Weaker Sections	6-10-2015	UGC and Bharathi College Mandya	State
10	Technophobia among Teachers	Educational Technology And Innovative Pedagogies	26-9-2015	UGC and Shivaji College of Education Baad, Karwara	State
11	Psychological Perspectives of Inclusive Education	International Conference On- Inclusive Education- Perspectives & Challenges	6-3-2015 to 7-3-2015	KSOU & CBR Network Bengaluru	International

CHAIRMAN/RESOURCE PERSON/RAPPORTEUR IN CONFERENCES

1. Worked as Rapporteur in National Conference on Agrarian Crisis and Farmers Suicide in India: Causes, Consequences and Remedies organized by ICSSR and Centre for Study of Exclusion and Inclusion, University Of Mysore. **Date:** 07-2-2019 to 08-2-2019
2. Worked as Rapporteur in National Conference on Food Security and Inclusion in India organized by ICSSR and Centre for Study of Exclusion and Inclusion, University Of Mysore. **Date:** 14-3-2018 to 15-3-2018.
3. Worked as Rapporteur in National Conference on Social Security and Social Inclusion; Opportunities and Challenges organized by ICSSR and Centre for Study of Exclusion and Inclusion, University Of Mysore. **Date:** 25-2-2016 to 26-2-2016.

WORKSHOPS / TRAINING PROGRAMMES ATTENDED:

Sl.No	Name of the workshop / Training	Sponsoring agency	Dates	Place
1	Technical writing and Publications, Grant Proposals, Funding Agencies and Soft Skills in Scientific Research'	CSSEIP centre, Mysore University.	10th and 11 th January 2019,	Mysore University.
2	National Level Capacity Building Training Programme	ICSSR	9-12-2015 to 22-12-2015	DOS& R in Management KSOU
3	Accelerating Gross Enrolment Ratio In Education-Issues And Challenges	Department of Higher Education	14-05-2015	KSOU Mysore
4	Work shop on Self Learning Development	KSOU	07-10-2013 to 08-10-2013	KSOU Mysore